

PORTUGAL VEGAN GROUP
April 22,2027-April 29,2027

- Suggested Itinerary -



DAY 1 – April 22, 2027 – Arrival in Lisbon & Welcome Dinner

Arrival in Lisbon. Make your own way to the hotel and check in (check-in from 3:00 PM).

Private transfer to welcome dinner at Kong – Food Made with Compassion with English-speaking assistance during the dinner.

Kong Vegan is an innovative restaurant that stands out for its 100% plant-based cuisine, redefining the boundaries of traditional vegan dining. With a modern and welcoming atmosphere, it offers a fusion of international flavors, blending fresh and creative ingredients to deliver a memorable culinary experience. The restaurant emphasizes sustainability, both in its ingredient sourcing and overall practices, creating dishes that appeal to vegans and those seeking healthy, flavorful options.

Transfer back to the hotel.

Accommodation: Lutecia Smart Design Hotel 4*

Meals Included: Dinner

DAY 2 – April 23, 2027 – Olive Oil Experience with Lunch, Évora

Meet your English-speaking guide in the hotel lobby and depart by private transfer towards Évora, one of the historic cities of the Alentejo region (approx. 1h30 drive).

Upon arrival at the estate of Casa Relvas, enjoy a guided visit through the property and winery, learning about the centuries-old traditions of olive oil and wine production in the Alentejo. The region is renowned for its vast landscapes of vineyards and olive groves, where family-owned estates continue time-honored agricultural practices combined with modern techniques.

Following the visit, enjoy a guided tasting of three different olive oils, discovering the aromas, textures, and characteristics that distinguish each variety. The experience also includes a selection of estate wines, allowing you to explore the flavours of the Alentejo terroir.

After the tasting, sit down for a vegan lunch at the estate, prepared with fresh regional ingredients and inspired by the culinary traditions of the Alentejo.

Return to Lisbon by private transfer. Arrival at the hotel and rest of the day at leisure.

Accommodation: Lutecia Smart Design Hotel 4* or similar, Lisbon

Meals Included: Breakfast, Lunch (Casa Relvas Estate)

DAY 3 – April 24, 2027 – Cooking Academy & Lisbon Walking Tour

Begin your morning with breakfast at the hotel.

Morning: Private Cooking Class at the Cooking Academy of Lisbon (4h)

Join a fun and engaging 3 to 3.5-hour workshop led by professional chefs. Work together as a team to prepare a full three-course meal – starter, main course, and dessert – in a relaxed and informal environment, with appetizers and beverages provided throughout. Then sit down as a group to savour the delicious meal you have created together.

Afternoon: Private Lisbon Walking Tour (4h)

Meet your English-speaking guide at the Cooking Academy for an immersive walking tour through Lisbon's most iconic areas:

- Avenida da Liberdade – elegant, tree-lined avenue with grand architecture
- Restauradores Square – obelisk commemorating Portugal's restoration of independence in 1640
- Eden Theater – notable example of Portuguese Art Deco
- Foz Palace – elegant 18th-century palace
- Rossio Central Station – ornate Neo-Manueline façade
- Rua de Santa Justa – stop to taste a vegan pastel de nata
- Praça do Comércio – learn about the Carnation Revolution (1974)
- Tagus River promenade through to Cais do Sodré, concluding at Mercado da Ribeira

Evening: Dinner at Organi Chiado (Lisbon)

Enjoy a 3-course dinner with drinks included at Organi Chiado, known for its fresh, organic, and creative cuisine in a cozy setting.

Accommodation: Lutecia Smart Design Hotel 4* or similar, Lisbon

Meals Included: Breakfast, Lunch (Cooking Academy), Dinner

DAY 4 – April 25, 2027 – Full Day Sintra Excursion

Begin your morning with breakfast at the hotel.

Meet your English-speaking guide in the hotel lobby for a private transfer to Sintra (approx. 40 minutes from Lisbon), a UNESCO World Heritage town celebrated for its enchanting ambiance, lush forested mountains, and extraordinary palaces.

Pena Palace

The day begins at the magnificent Pena Palace, an architectural gem of the Romantic era. Adorned with vivid colours and perched on one of the highest mountain peaks, this former royal retreat offers stunning panoramic views and represents one of the finest examples of 19th-century Romanticism in the world. Entrance ticket included.

Lunch on your own at a local Sintra restaurant.

Quinta da Regaleira

After lunch, continue to the magical Quinta da Regaleira, an enchanting estate famous for its ornate palace, romantic gardens, mysterious underground tunnels, and the iconic Initiation Well – a spiralling tower descending into the earth, steeped in esoteric symbolism. This is an immersive experience where architecture, nature, and hidden meaning come together in perfect harmony. Entrance ticket included.

Private transfer back to Lisbon. Rest of the day at leisure.

Accommodation: Lutezia Smart Design Hotel 4* or similar, Lisbon

Meals Included: Breakfast

DAY 5 – April 26, 2027 – Lisbon to Porto & Porto Walking Tour

Begin your morning with breakfast at the hotel.

Morning private transfer to Porto (approx. 3 hours from Lisbon). Check-in at the hotel.

Afternoon: Half-Day Porto Walking Tour (4h)

Meet your English-speaking guide at the hotel lobby for an immersive tour through Porto's stunning historic centre:

- Cais da Ribeira – vibrant riverside area with views of the Douro River and the iconic Dom Luís I Bridge
- Sé do Porto (Porto Cathedral) – grand medieval structure offering breathtaking views over the city
- São Bento Train Station – famous tile panels depicting scenes from Portuguese history
- Avenida dos Aliados – Porto's grand boulevard lined with beautiful architecture
- Livraria Lello – one of the world's most beautiful bookstores, renowned for its intricate woodwork and stunning staircase (entrance included)

In the evening enjoy a Dinner at Kind Kitchen a 3-course menu with drinks included at Kind Kitchen, offering a fresh and creative dining experience.

Accommodation: Exe Essenzia Porto 4* or similar, Porto

Meals Included: Breakfast, Dinner

DAY 6 – April 27, 2027 – Plant-Based Cooking Experience & Dinner

Begin your morning with breakfast at the hotel.

Morning: Plant-Based Portuguese Cooking Experience at Canto Cooking (4h)

At Canto Cooking, take part in a relaxed and hands-on vegan cooking class, guided step by step by a professional chef. This interactive workshop introduces you to Portuguese culinary traditions through a plant-based perspective, using fresh ingredients and simple techniques.

Prepare vegan dishes inspired by local cuisine while learning about the ingredients, flavours, and cooking methods that define Portuguese gastronomy. Once the preparation is complete, everyone gathers around the table to enjoy the meal together in a welcoming and informal atmosphere.

Evening: Dinner at “Em Carne Viva”

At 18h30, private transfer to Em Carne Viva, a celebrated fine dining restaurant in Porto that redefines traditional Portuguese cuisine through a fully vegan and vegetarian lens. Its concept revolves around sustainability, ethical eating, and culinary innovation – transforming classic recipes into sophisticated, cruelty-free creations using locally sourced ingredients.

Dinner includes a seasonal tasting menu with drink included. English-speaking assistance throughout. Private transfer back to the hotel.

Accommodation: Exe Essenzia Porto 4* or similar, Porto

Meals Included: Breakfast, Lunch (Canto Cooking), Dinner (Em Carne Viva tasting menu)

DAY 7 – April 28, 2027 – Vegan Food Discovery Tour in Porto

Begin your morning with breakfast at the hotel.

This morning, join your guide for a 4-hour guided culinary walk through Porto’s most vibrant local areas, exploring the city through its rich food culture:

- Rua de Santa Catarina – Porto’s liveliest street, where traditional shops, cafés, and local businesses create one of the city’s most dynamic atmospheres
- Mercado do Bolhão – Porto’s beloved historic market, recently restored, blending historic character with contemporary spaces and remaining a central meeting point for local gastronomy
- São Bento Railway Station – remarkable azulejo tile panels illustrating important moments of Portuguese history
- Several vegan tasting stops throughout – all tastings adapted for vegan participants, allowing you to discover plant-based interpretations of local Porto flavours

The afternoon is free to enjoy Porto at your own pace – explore the riverfront, browse local shops, or simply relax before your final evening.

Dinner at VENN Canteen (Porto)

Enjoy a unique 100% plant-based dining experience featuring the “Six Moments” tasting menu, with wine pairing included, offering a creative and elevated take on vegan cuisine.

Accommodation: Exe Essenzia Porto 4* or similar, Porto

Meals Included: Breakfast, Tastings (Vegan Food Tour), Dinner

DAY 8 – April 29, 2027 – Departure from Porto

Enjoy a leisurely breakfast at your hotel before checking out and preparing for your journey home. Make your own way to Porto International Airport for your return flights.

Meals Included: Breakfast